McQueen Cheer Tryout Information for our 2021-2022 Season!

Dates for Tryouts: MANDATORY

DAY 1: TUESDAY, JUNE 29, 2021 DAY 2: WEDNESDAY, JUNE 30, 2021 DAY 3: THURSDAY JULY 1, 2021

Times for Tryouts:

6:00pm - 8:00pm EACH DATE MANDATORY

Location:

McQueen Football Field EACH DATE MANDATORY

Details That Matter:

Hair- Clean and Up out of your face to focus, you know your hair best - NO cheer bows/accessories (reason is to be all equal).

Jewelry- NONE Allowed (Safety Hazard, and Rule). Take out prior to tryouts and put back in right after is a solution.

Clothing: Athletic Attire, No required special tryout outfit - SCHOOL DRESS CODE

APPROPRIATE (reason is to be all equal).

Shoes: Athletic Shoes, and Socks.

Hydration: Please bring plenty of water and eat well for proper learning these days.

Tryout Specifics:

- Tryouts are Mandatory. (Closed To Public for best learning environment.)
- Tryout Material is going to be presented AT TRYOUTS in traditional form. You will have enough practice time to feel confident.
- BEFORE TRYOUTS: Actively enrolled at McQueen High School, GPA/Academic Priority, <u>Register My Athlete</u> documentation addressed and completed.
 - PLEASE REACH OUT REGARDING SUMMER SCHOOL IF NEEDED TODAY AND TOMORROW TO ENROLL, AND CHECK OUT ITEMS, CONTACT: GDONNELLY@WASHOESCHOOLS.NET
- Tryout Material Includes:
 - Individual Completed Application (I will email this)
 - Sideline Chant
 - Sideline Dance
 - Cheer
 - Jumps
 - Opportunity For Tumbling
- Stunting will wait until we are conditioned to do so safely and NOT be included in tryouts. Thank You.

Auburn Rittenhouse | Head Coach - McQueen High School Cheer E: auburn.rittenhouse@gmail.com

Additional Information Regarding Tryout Process...

- Double check your academics as they are a priority and will always come 1st. Confirm your GPA and see if you met the 2.0 requirement. If for some reason you did not, please look in to enrolling for summer school ASAP today or tomorrow if you have not already so we can work together to bring grades up. As this year was more than difficult on everyone and I truly care for the Student priority to Athlete secondary and it is a school policy. I know there were struggles, and I recognize you have done your best and are continuing to do better now with most of you already taking action for summer school without prompting and that is Lancer Strength right there!
- Complete each section on <u>Register My Athlete</u> online with your parent/guardian.
- Complete your physical if you are due, please refer to the website above for required/due documentation for each person
- I sent Reminder emails this morning from that site for everyone that is at least started on the web site, please address quickly.

It is standard practice and traditional to have Tryout Material taught, worked on together and alone as well as having opportunities to ask questions in a positive environment and then the opportunity to perform what you just learned a few times at tryouts anyway and not sent prior to the date, or given in 'skills practice clinics'.

'Skills Practice Clinics' are a different entity of their own and always have been. They mostly pertain to college level tryouts to get someone ready for the college tryout of their choice, however, always without the individual tryout details [Specific Chant, Cheer, Sideline Dance, Jump, and Stunt/Tumble opportunity] given in advance for practice for perfection. Tryouts are designed for reasons to see how you learn in your own way so as a coach, I know best how to teach you on the spot for your success as well as provide resources for your personal growth and advancement. Also, to identify how you work with others and observing social/emotional aspects in special regards to post pandemic environments. This year is an opportunity to show up and try. Show your school spirit, Lancer Pride and identify your personal strengths as we all have a unique quality.

Please come with a positive attitude and be ready to show your best self representation for McQueen High school as an individual and a team member as well.

Thank you for your time.

Coach Auburn Rittenhouse